Winter Breakfast

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drinks	Selection of Tea, Coffee, Hot Chocolate, Hydration Station & Fresh Fruit Juice						
Hot items	Vegetarian Sausages, Mushrooms, Tomatoes, Hash Browns, Baked Beans & Fried Eggs	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Scrambled Eggs	Selection of Pastries, Sliced Meats & Cheeses, Fresh Fruit Salad & Boiled Eggs	Sausage, Bacon, Egg & Hash Brown Burrito Or Mushroom, Egg, Hash Brown & Tomato Burrito Potato & Onion Rosti	Choice of Cheese, Pork, Chicken or Mixed Vegetable Omelette, Hash Browns & Baked Beans	**Bagel Bar** Smoked Salmon & Cream Cheese Cheese & Ham Roasted Tomato & Avocado	Pancake, Porridge & Waffle Bar Served with a Selection of Fresh Toppings
Specials	Bacon & Egg Muffins	Homemade American Style Pancakes with Toppings	Smoked Salmon & Cream Cheese Bagels	Sliced Avocado & Poached Egg Muffin	Freshly Baked Croissant Sliced Cheese Sliced Ham Sliced Turkey	Mushroom & Spinach Frittata	Mixed Fruit Platter
Side Offers	Bread Selection with Jams & Butter Freshly Baked Pastry Selection of Cereals with Fresh Milk Fresh Whole Fruit						
Yoghurt	Fresh Natural Yoghurt Served with a Variety of Toppings						

Winter Breakfast

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drinks	Selection of Tea, Coffee, Hot Chocolate, Hydration Station & Fresh Fruit Juice						
Hot items	Vegetarian Sausages, Mushrooms, Tomatoes, Hash Browns, Baked Beans & Fried Eggs	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Scrambled Eggs	Selection of Pastries, Sliced Meats & Cheeses, Fresh Fruit Salad & Boiled Eggs	Sausage, Bacon, Egg & Hash Brown Burrito Or Mushroom, Egg, Hash Brown & Tomato Burrito Potato & Onion Rosti	Choice of Cheese, Pork, Chicken or Mixed Vegetable Omelette, Hash Browns & Baked Beans	**Bagel Bar** Smoked Salmon & Cream Cheese Cheese & Ham Roasted Tomato & Avocado	Pancake, Porridge & Waffle Bar Served with a Selection of Fresh Toppings
Specials	Bacon & Egg Muffins	Homemade American Style Pancakes with Toppings	Smoked Salmon & Cream Cheese Bagels	Sliced Avocado & Poached Egg Muffin	Freshly Baked Croissant Sliced Cheese Sliced Ham Sliced Turkey	Mushroom & Spinach Frittata	Mixed Fruit Platter
Side Offers	Bread Selection with Jams & Butter Freshly Baked Pastry Selection of Cereals with Fresh Milk Fresh Whole Fruit						
Yoghurt	Fresh Natural Yoghurt Served with a Variety of Toppings						

Winter Breakfast

Week Three	*Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*	*Saturday*	*Sunday*
Drinks	Selection of Tea, Coffee, Hot Chocolate, Hydration Station & Fresh Fruit Juice						
Hot items	Vegetarian Sausages, Mushrooms, Tomatoes, Hash Browns, Baked Beans & Fried Eggs	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Scrambled Eggs	Selection of Pastries, Sliced Meats & Cheeses, Fresh Fruit Salad & Boiled Eggs	Sausage, Bacon, Egg & Hash Brown Burrito Or Mushroom, Egg, Hash Brown & Tomato Burrito Potato & Onion Rosti	Choice of Cheese, Pork, Chicken or Mixed Vegetable Omelette, Hash Browns & Baked Beans	**Bagel Bar** Smoked Salmon & Cream Cheese Cheese & Ham Roasted Tomato & Avocado	Pancake, Porridge & Waffle Bar Served with a Selection of Fresh Toppings
Specials	Bacon & Egg Muffins	Homemade American Style Pancakes with Toppings	Smoked Salmon & Cream Cheese Bagels	Sliced Avocado & Poached Egg Muffin	Freshly Baked Croissant Sliced Cheese Sliced Ham Sliced Turkey	Mushroom & Spinach Frittata	Mixed Fruit Platter
Side Offers	Bread Selection with Jams & Butter Freshly Baked Pastry Selection of Cereals with Fresh Milk Fresh Whole Fruit						
Yoghurt	Fresh Natural Yoghurt Served with a Variety of Toppings						

Winter Lunch

Week One	*Saturday*	*Sunday*
Main Stop	**Panini Bar**	Spicy Pulled Beef Tacos
Veggie Stop	Ham & Cheese Tuna Mayo Mozzarella, Pesto & Tomato Sweet Chilli Chicken Mayo	Mixed Vegetable & Lentil Tacos
On the side	Mixed Leaf Salad, Cajun & Chilli Roasted Sweet Potato & Coleslaw	Roasted Mixed Vegetable Rice
Dessert	Sliced Fruit Platter	Chocolate Mousse Pots

Winter Lunch

Week Two	*Saturday*	*Sunday*
Main Stop	Homemade Chilli Fishcakes Served with Homemade Tomato Salsa	Korean Style BBQ Chicken Fried Rice
Veggie Stop	Vegetarian Burger Served with Homemade Tomato Salsa	Korean Style BBQ Tofu Fried Rice
On the side	Jacket Wedges, Roasted Courgette & Corn Cobs	Chilli Broccoli & Mange Tout
Dessert	Fresh Fruit Salad	Flavoured Jelly Pots

Winter Lunch

Week Three	*Saturday*	*Sunday*
Main Stop	Chicken & Chorizo Jambalaya	Teriyaki Pork Stir Fry with Egg Noodles
Veggie Stop	Mixed Vegetable & Chickpea Jambalaya	Spicy Vegetable Gyozas Or Stir Fry Mixed Vegetable Chow Mein with Egg Noodles
On the side	Mixed Salad Bar	Sauté White Cabbage, Leek & Pak Choi
Dessert	Sliced Fruit Platter	Homemade Gingerbread Biscuits

Winter Supper

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Simple But Tasty Main	Sausage & Bean Casserole	**Theme Night Hen Den** Cajun Spiced Breaded Chicken Or Breaded Tofu Slices Served with Smokey New Potatoes, Corn Cobs, Steamed Broccoli & Coleslaw	Fresh Salmon Fillet Served with a Cream & Herb Sauce	**International Day** **Menus from all over the world**	Spicy Fajita Chicken & Mixed Vegetable Wraps	Beef Bolognese Served with Spaghetti	Piri Piri Roasted Whole Chicken Legs
Meat Free	Quorn & Mixed Bean Casserole		Mushroom & Thyme Risotto		Halloumi & Mixed Vegetable Fajita Wraps	Red Lentil & Cauliflower Bolognese Served with Spaghetti	Mixed Pepper, Spinach & Cheddar Cheese Frittata
On the side	Creamy Mash Potato & Roasted Root Vegetables		Sauté Leeks & Honey Roasted Carrots		Cajun, Chilli & Garlic Roasted New Potatoes, Mixed Salad & Corn Cobs	Roasted Carrots, Steamed Garden Peas & Cheesy Garlic Slices	Spiced Jacket Wedges, Smokey Corn Cobs, Steamed Broccoli & Coleslaw
Chef's Special						Soup Of The day With Homemade Bread	
Dessert	Plum Crumble Served with Custard	Sweet Waffles with Selection of Toppings	Salted Caramel & Apple Pudding Served with Cream		Homemade Hot Chocolate	Lemon Sponge Served with Cream	Vanilla Rice Pudding
Salads	A Daily Selection of Freshly Made Salads						

Selection of fresh cut & whole fruits

Winter Supper

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Simple But Tasty Main	**Penne all'arrabbiatta with Chicken** (Pasta with a Chilli, Garlic & Fresh Parsley Tomato Sauce)	BBQ Sweet & Sticky Pork Ribs Or Chilli Chicken Wings	Spicy Beef Chilli Con Carne	**International Day** **Menus from all over the world**	**Pizza Takeaway Evening** Margherita Pepperoni Garlic & Cheese Mixed Vegetable	Tandoori Chicken Masala	Roasted Pork Loin
Meat Free		Mac 'N' Cheese	Spicy Chunky Vegetable & Mixed Bean Chilli			Vegetable Butternut Squash, Chickpea & Sweet Potato Curry	Mixed Vegetable & Tomato Pesto Gnocchi
On the side	**Penne alla Romana** (Pasta with Fresh Tomato, Basil & Mozzarella Sauce) Fresh Mixed Leaf Salad & Homemade Garlic Focaccia	Cajun Potato Wedges, Corn Cobs & Green Beans	Mixed Pepper Turmeric Rice, Steamed Broccoli & Sweetcorn			Basmati Rice, Naan Bread, Tomato Salad, Bombay Potatoes	Roast Potatoes, Cauliflower Cheese, Carrots, Garden Peas & Gravy
Chef's Special			Homemade Nacho Bowls with Fresh Tomato Salsa, Sour Cream & Guacamole			Sweet Potato Pakora's	
Dessert	Mixed Melon Slices	Banana Bread	Made-to-Order Milkshakes		Sweet & Salty Popcorn Bags	Homemade Smoothies	Coconut Rice Pudding
Salads	A Daily Selection of Freshly Made Salads						

Selection of fresh cut & whole fruits

Winter Supper

Week Three	*Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*	*Saturday*	*Sunday*
Simple But Tasty Main	Chicken Pot Pie	**Burger Bar** Beef Burger Or Garlic Portobello Mushroom Burger with Fresh Tomato Salsa All Served with a American Style Bun, Lightly Salted Sweet Potato Fries, BBQ Beans & Coleslaw	Breaded Chicken Katsu Curry	 **International Day** **Menus from all over the world**	Traditional Fish Pie	Turkey Lasagne Topped with Fresh Mozzarella	Roast Beef Joint Served with Yorkshire Pudding
Meat Free	Quorn Pot Pie		Bread Quorn Katsu		Glamorgan Style Sausages	Red Lentil & Mixed Vegetable Lasagne Topped with Mozzarella Cheese	Red Onion & Feta Cheese Puff Pastry Tart
On the side	Roasted New Potatoes, Cauliflower & Braised Red Cabbage		Sticky Rice, White Cabbage, Broccoli & Japanese Slaw		Chunky Chips, Green Beans & Carrots	Garlic & Cheese Homemade Focaccia, Steamed Peas & Sweetcorn	Roast Potatoes, Roasted Carrots, Steamed Broccoli & Cauliflower Served with Gravy
Chef's Special							
Dessert	Raisin Shortbread Biscuits	Mixed Fruit Jam Sponge Served with Custard	Natural Yoghurt Served with Fresh Fruit Salad		Warm Chocolate Cake Served with Fresh Cream	Warm Chocolate Doughnuts	Bread & Butter Pudding Served with Vanilla Custard
Salads	A Daily Selection of Freshly Made Salads						

Selection of fresh cut & whole fruits