



# Stephen Perse Summer Enrichment Programme 2023

(Monday, 17 July - Fri, 4 August)

**Activity Brochure (Year 1 - 5)** 

#### Introduction

At Stephen Perse Foundation, we are pleased to offer a fantastic range of activities during our first Summer Enrichment Programme. As well as being purposeful, each activity on offer is designed to engage children in a fun, relaxed and safe environment, as well as giving them the opportunity to try new things and expand their horizons.

The Summer Enrichment Programme has been planned to allow flexibility for families, and to offer each child a diverse timetable based on their interests.

#### How to choose activities...

Parents who have registered their children for the programme will be sent an activity booking link along with a unique discount code to be used at checkout (to refund their initial registration fee). A separate code will also be sent to parents who wish to pay using childcare vouchers, along with payment instructions.

While browsing through this brochure, please be reminded that each activity will have a maximum capacity and early booking is recommended. Please also note that activities will vary across the three weeks but some will be available throughout the whole programme.

Activities will be run in age appropriate groups and will be available for booking by days and times. There should be plenty of activities to choose from to suit the different interests of each child. However, please do not feel the need to book enough activities to fill every minute of the day. It is perfectly reasonable to leave some free time between sessions to allow your child to have a break, get a snack and play with other children. We will also have plenty of onsite supervisors to ensure the safety and wellbeing of all the children throughout the day.

If you have any questions or would like support with the booking process, please feel free to contact us via <a href="mailto:holidayclubs@stephenperse.com">holidayclubs@stephenperse.com</a> or call us on 01223 454 700 (ext. 1121).

# **Activities inclusive of the daily charge:**

| Multi-Sports    | Imagine and Create Arts and Craft Activities | Team building games and activities |  |
|-----------------|--|------------------------------------|--|
| Danish Longball | Talent Show                                  | Non Fire Camp Fire                 |  |
| Kwik Cricket    | Fun Football                                 | Scavenger Hunt                     |  |
| Messy Play      | Discovery Walks                              | End of week party                  |  |

Booking for these activities is not necessary. Children will have to opportunity to choose their activity of choice when they are not in planned enrichment activities.

### Music

| Mixed Choir Workshop (Half Day) £18     | Pupils will develop their ability to sing in unison and in harmony. We will look at a selection of pieces both popular and classical. We will look at good vocal technique and how to get the most out of each child's voice. |
|---|---|
| Young Musicians Workshop (Half Day) £18 | Children will have access to different ways of making music, including Samba drums, African drums, body percussion and singing in order to develop their all round instrumental, vocal and core musical skills.               |
|   | To participate in this workshop, it is necessary for children to be able to read music and are working towards Grade 1.   |
| Group Singing/Vocal Coaching £6.50      | Children will develop their singing voices and technique while having fun with vocal warm-up games, songs from popular children's repertoire including show-songs, Disney and Pixar songs and classical songs for children.   |

# Knowledge & Skills

| Creative Writing - The Magic of Words £7.50  | With focus on appropriate key stage vocabularies, children will be taught how to use their experiences, imagination and creativity to express themselves through the magic of words.   |
|--|--|
| Archaeology - Learn & Create £6              | In this class, children will learn about the subject through fun activities. They will gain insight into why studying things that people made, used, and left behind help us understand what people of the past were like and how they lived.  |
| The Art of Art £4.50                         | Using different mediums of art - acrylic, watercolours, pencils, charcoal and so on, children will learn different drawing techniques through different style art.   |
| Cookery Class (Mini Cooks & Junior Chef) £12 | As well as having fun letting loose their creativity, children will learn the basic fundamentals of following instructions, food hygiene, preparation, organisation and general health & safety in the kitchen. The classes will vary from cake decorating to pizza making.                                |
| First Aid Kids £6                            | Children are starting to be more independent and can understand basic first aid. In the 1-hour session, Children learn to deal with bumps, burns, breaks and bleeding, carry out CPR and deal with choking. The class is practical, lots of fun and involves lots of activities for the children to enjoy. |

# Languages

| German (Learn & Create and Beginners) £4.50     | Guten Tag! This is a chance to connect with the German language in a fun way! Children will learn some useful phrases in German and there will be cultural content through songs. Focus will be on the pronunciation of words, and the format will be learning through play, music and creativity, or rather "basteln". |  |
|---|---|--|
| Spanish (Learn & Create and Beginners) £4.50    | In a fun and relaxed environment, children will learn the alphabets in Spanish and have a go at working out pronunciation of different Spanish words and phrases, with focus on numbers, greetings, family, months and culture. The format will be learning through play and creativity.                                |  |
| Italian (Learn & Create and Beginners)<br>£4.50 | Buongiorno! Children will learn the Italian alphabet and have a go with the pronunciation of different words and phrases. Through songs, play and creativity activities, the class will focus on numbers, food, hobbies and weather.  |  |

# **Tasters & Other Enjoyable Activities**

| Judo £6                     | GB Commonwealth judo athlete and Saffron Walden Judo Club Level 3 instructor Zoë Camp and Chris Meek will provide children with the opportunity to try out Judo in a safe and fun environment.  |  |
|-----------------------------|---|--|
| Musical Theatre £8.50       | A brilliant performing art session that helps children develop their confidence in a fun, lively, stimulating way, with the aim to engage them in body and mind in an exhilarating way.   |  |
| Cheerleading Dance Class £6 | Cheerleading is an exciting and high-energy activity, combining tumbling, jumps and dance. Children joining this session will get a taste of this exhilarating sport in a safe and fun environment.   |  |
| Forest School £4.50         | The aim of Forest School is to provide children hands-on experiences in the natural environment and helps develop children's confidence as they problem-solve and learn to manage risks. Forest School also promotes children's self-esteem, creativity and independence. This session is perfect for all little curious explorers out there.   |  |
| SPF Book Club £4            | Children will discuss the "book of the week", with the session leader asking thought-provoking questions to enhance children's understanding and appreciation of characters and key messages of the book. Children signing up to this activity are strongly encouraged to sign up to all available sessions each week. Children joining this club will also be expected to read the book of the week before each session. Titles of the books will be communicated after sign up. |  |

## **Sports Coaching**

| Rugby Skills (Latham Road) | Archery (Latham Road)  | Netball (Latham Road) | Gymnastics (Hall)     |
|----------------------------|------------------------|-----------------------|-----------------------|
| £7                         | £9                     | £5                    | £7                    |
| Tennis (Latham Road)       | Football (Latham Road) | Hockey (Latham Road)  | Cricket (Latham Road) |
| £7                         | £7                     | £7                    | £7                    |

Kindly note: Prices listed are for per child per session and are in addition to the applicable daily fee.

All coaching sessions are open to children of all abilities. Children will be grouped according to their levels to ensure maximum enjoyment and benefit.