



**Stephen Perse  
Summer Enrichment Programme 2023  
(Monday, 17 July - Fri, 4 August)**



**Activity Brochure (Year 6 - 9)**

## Introduction

At Stephen Perse Foundation, we are pleased to offer a fantastic range of activities during our first Summer Enrichment Programme. As well as being purposeful, each activity on offer is designed to engage children in a fun, relaxed and safe environment, as well as giving them the opportunity to try new things and expand their horizons.

The Summer Enrichment Programme has been planned to allow flexibility for families, and to offer each child a diverse timetable based on their interests.

### ***How to choose activities...***

Parents who have registered their children for the programme will be sent an activity booking link along with a unique discount code to be used at checkout (to refund their initial registration fee). A separate code will also be sent to parents who wish to pay using childcare vouchers, along with payment instructions.

While browsing through this brochure, please be reminded that each activity will have a maximum capacity and early booking is recommended. Please also note that activities will vary across the three weeks but some will be available throughout the whole programme.

Activities will be available for booking by days and times. There should be plenty of activities to choose from to fill a child's day. However, please do not feel the need to book enough activities to fill every minute of the day. It is perfectly reasonable to leave a small amount of free time between sessions to allow your child to have a break, get a snack and socialise with other children. We will also have plenty of onsite supervisors to ensure the safety and wellbeing of all the children throughout the day.

If you have any questions or would like support with the booking process, please feel free to contact us via [holidayclubs@stephenperse.com](mailto:holidayclubs@stephenperse.com) or call us on 01223 454 700 (ext. 1121).

# Music

<b>Classical Musical Ensembles Workshop and Parents Showcase (Full Day) £30</b>	A chance for children to develop their practical instrumental skills with others and showcase their learning at the end of the day. The workshop will include exploring music from different genres.  Year 8 - 9: No Pianos with grade 2 minimum required.  Year 6 - 7: No Pianos with grade 1 minimum required.
<b>Mixed Choir Workshop (Half Day) £18</b>	Children will develop their ability to sing in unison and in harmony. During the workshop, the children will explore a selection of pieces both popular and classical. Children will learn good vocal technique and ways to get the most out of their voices.
<b>Band Jam (Half Day/Full Day) £18 / £30</b>	Children will form bands and develop their informal music learning preparing a rock or pop song of their choice. All instruments will be accommodated.
<b>Group Singing/Vocal Coaching (Half Day) £18</b>	A singing technique based workshop to enable children to develop an understanding of how best to utilise their voices.
<b>Music Composition Workshop (Half Day) £18</b>	This workshop will focus on helping children develop their music reading, writing and listening skills to reinforce and build on what they learn in their private lessons. Children will engage in peer reviews and receive useful tips and feedback from the session leader.
<b>Music Composition Express £9</b>	This class aims to teach children the fundamentals of music composition and give them essential tips to start their own music composition journey.

*Kindly note: Prices listed are for per child per session and are in addition to the applicable daily fee.*

## Knowledge & Skills

<b>Creative Writing - The Magic of Words</b> £7.50	With focus on KS3 and KS4 vocabularies, children will be taught how to use their experiences, imagination and creativity to express themselves through the magic of words.
<b>Mind/Brain Behaviour - Neurobiology</b> £7.50	An introduction into the different types of neurons in our bodies, how different structures in the nervous system detect stimuli and how the brain responds. Simple experiments will be carried out to trigger our sympathetic nervous system, the fight or flight response and games will be used to demonstrate brain adaptation and learning. Children will also look at nematode worms and observe how the worms become sensitised and desensitised to light, sound and vibrations.
<b>Mad Science</b> £7.50	Children will head into our nature reserve and collect fascinating mini-beasts, plant life and water samples to observe under the microscope. They will make slides to observe the tiniest critters and details of the wildlife they collected and discuss why our wildlife may have evolved the different structures we see.
<b>Design &amp; Technology (Full Day)</b> £35	Children will learn how to use a laser cutter to make their very own project. They will see the 3D printer in action with a group print of a model. They will also have some hands on experience making their own jewellery/personal souvenirs from the workshop.
<b>First Aid Tweens</b> £10	First Aid Tweens is for children aged 10/11. In this session, children will learn to deal with bumps, burns, breaks and bleeding, carry out CPR and deal with choking. The class is practical, lots of fun and involves lots of activities for the children to enjoy.
<b>First Aid Teens / Refresher</b> £10	First Aid Teens is for children aged 11+. This class enables them to deliver first aid if no adults were available. In this session, teens learn to carry out CPR and deal with choking, deal with head injuries, burns, breaks, bleeding, asthma attacks and allergic reactions. This class meets the KS3 National Curriculum Requirements in England & Wales.

*Kindly note: Prices listed are for per child per session and are in addition to the applicable daily fee.*

## Languages

<b>Beginners Japanese £7.50</b>	Japanese is an interesting yet complex language. In this class, children will be taught the basics of the Japanese language - Japanese alphabets, some common words and phrases. This is fantastic class for those who are curious about the language and those who are considering it as a language to study.
<b>Beginners German £7.50</b>	Guten Tag! This is a chance to connect with the German language. Children will learn some useful phrases in German and there will be cultural content touching upon Germany, Austria and Switzerland. Children can find out more about German compound nouns, learn a few tongue twisters, read some short stories and poems.
<b>Beginners Spanish £7.50</b>	This class focuses on improving children's language skills and help them communicate more easily and effectively in Spanish. They will discover the pleasure of learning the world's second most spoken language and gain insights into Hispanic societies and cultures through authentic materials.
<b>Beginners Mandarin £7.50</b>	In this class, children will learn common words and phrases, encountering and exploring Chinese characters, and aim to grasp pinyin (the standard romanization of Mandarin). This is a great class to take for children interested in learning Mandarin, or simply keen to try something different.
<b>Language Exchange - German (Half Day) £30</b>	In collaboration with an established language school in Cambridge, this session is designed to offer children the opportunity to practise German with native speakers of a similar age in a fun and relaxed environment. <b>This is suitable for Y8-9</b>
<b>Language Exchange - Spanish (Half Day) £30</b>	In collaboration with an established language school in Cambridge, this session is designed to offer children the opportunity to practise Spanish with native speakers of a similar age in a fun and relaxed environment. <b>This is suitable for Y8-9</b>

*Kindly note: Prices listed are for per child per session and are in addition to the applicable daily fee.*

## Acting, Drama & Theatre

<b>“Funk It Up” Theatre Dance Workshop (Half Day) £25</b>	In this fun and funky dance class, children will complete a full warm up and stretching session before working on leaps, spins, kicks and jumps. They will then learn a fun, high energy, exciting routine to an up-beat popular music track...as if they are in their own Music Video!
<b>“Method Acting” Workshop (Half Day) £25</b>	This workshop teaches children how to immerse themselves into the characters they are playing by channelling their imagination and past experience, and bring their characters to life.
<b>Filmmaking Basics (Half Day) £25</b>	A fun and interactive class where children will learn the fundamentals of filmmaking and gain insights into the “tricks” that professional filmmakers use to make a great movie.
<b>“Screen Presence” Acting Workshop (Half Day) £25</b>	In this class, through exercises, children will discover their natural “X factor” and learn how to harness their unique charm to captivate their audience. This class also helps children develop their confidence in public speaking and presentation to a large crowd.
<b>Theatre Tech Workshop (Half Day) £18</b>	This workshop gives children an insight into the complex operation behind every successful play. They will learn about the different technical equipment and systems vital to each production and how to use them to create a range of “moods” to complement each production.
<b>“Stage/Screen Combat” Acting Workshop (Half Day) £25</b>	A good fight scene makes a good action movie and this is what children will learn in this fun, SAFE acting class. Children will learn the tricks of fake fighting (like in the movies) and have a good laugh doing it.
<b>“On-Screen Chemistry” Acting Workshop £25</b>	On-screen chemistry is vital in all movies and not just in romantic films. Working in pairs, children will learn techniques to help them cultivate that on-screen/stage chemistry that they need with their key co-star and grip their audience with their realistic portrait of their characters.

*Kindly note: Prices listed are for per child per session and are in addition to the applicable daily fee.*

## Offsite Activities

Paddle Boarding (Full Day) £35	Suitable for those who wish to explore paddlesports. Children will have the opportunity to work towards two <b>British Canoeing paddle awards</b> , Paddle Start and Paddle Discover. These are fun practical sessions introducing them to paddlesport in a relaxed and enjoyable way. This activity will be based at our Latham Road site, where we have direct access to the River Cam from our school jetty.  <b>(Suitable for Year 7 upwards)</b>
Orienteering (Half Day) £15	During the half day orienteering session, children will have the opportunity to learn the skill to combine running and map reading. Children will work in groups. The goal is to try to find markers on a map in the quickest time possible.
Golf - Learn & Practice (Half Day) £28	Children will learn the etiquette, strategy and swing mechanics of golf with a professional coach, followed by a practice round of 9 holes.

*Kindly note: Prices listed are for per child per session and are in addition to the applicable daily fee.*

## Art & Textiles

<b>Art - Life Drawing Workshop (Half Day) £25</b>	Developing an understanding of proportion and how to manipulate media such as graphite, charcoal and chalk. The session begins with warm up sketches using ink pens and markers to build resilience as no mark can be erased and must become part of the composition. The session moves on to longer poses with different areas of focus, including a long pose extended focus. The session is completed with a mini gallery critique.
<b>Art - Acrylic Still Life (Half Day) £25</b>	Investigating the work of Pablo Picasso during his Blue period. Creating a mood art inspired painting.
<b>Art - Charcoal &amp; Chalk Abstract (Half Day) £25</b>	Focus on exploring and developing understanding of tone by restricting media to monochromes. Exploring composition and how to create a sense of form within a 2D image with careful use of shading.
<b>Art - Self Portrait (Half Day) £25</b>	This class will focus on drawing techniques that help communicate the features of the face successfully. Extending knowledge of tone and how manipulation of tone creates a successfully realistic portrait. Considering expression to help create an outcome as unique as each individual.
<b>Textiles and Sewing Workshop (Half Day) £25</b>	Abstract use of textiles media to create colourful and tactile pieces of art that are a very personal response of the creator. This workshop will also explore the traditional wet felting techniques to create felt arts.

*Kindly note: Prices listed are for per child per session and are in addition to the applicable daily fee.*

## Tasters & Other Enjoyable Activities

Judo (Half Day) £15	GB Commonwealth judo athlete and Saffron Walden Judo Club Level 3 instructor Zoë Camp and Chris Meek will provide children with the opportunity to try out Judo in a safe and fun environment.
Action Photography £10	Children will learn about capturing subjects in motion and have the opportunity to put their learning into practice. The class will encompass wildlife and sports photograph and images will be sent home via email.
Archery £16	A fun taster session for all budding archers.
Fencing £16	A greater taster session for a sport that dates back to the 15th Century.
Cheerleading Dance Workshop £7	Cheerleading is an exciting and high-intensity activity, combining stunting, tumbling, jumps and dance. Children joining this session will get a taste of this high-energy sport in a safe and fun environment.
SPF News Station - Half day £18	Children will discuss the news of the day and work together to summarise them into news reports. Children will then take turn and present the news in front of a camera, just like a news anchor. This session will help develop children's confidence, as well as their awareness of the world around them.
SPF Book Club £4	Children will discuss the "book of the week", with session leader asking thought-provoking questions to enhance children's understanding and appreciation of characters and key messages of the book. Children signing up to this activity are strongly encouraged to sign up for all three sessions available each week. Children joining this club will also be expected to read the book of the week before each session. Titles of books will be communicated upon sign up.

*Kindly note: Prices listed are for per child per session and are in addition to the applicable daily fee.*

## Sports Coaching

<b>Basketball (Sports Hall)</b> £12 (Half day)	<b>Badminton (Sports Hall)</b> £12 (Half Day)	<b>Gymnastics (Sports Hall)</b> £7
<b>Tennis (Latham Road)</b> £8	<b>Volleyball (Sports Hall)</b> £8	<b>Cricket (Latham Road)</b> £8 / £15 (Half Day)
<b>Netball (Latham Road)</b> £5	<b>Football (Latham Road)</b> £8	<b>Hockey (Latham Road)</b> £5

*Kindly note: Prices listed are for per child per session and are in addition to the applicable daily fee.*

All coaching sessions are open to children of all abilities. Children will be grouped according to their levels to ensure maximum enjoyment and benefit.