



Breakfast

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drinks	Selection of Tea, Coffee, Hot Chocolate, Hydration Station & Fresh Fruit Juice						
Hot items	Vegetarian Sausages, Mushrooms, Tomatoes, Hash Browns, Baked Beans & Fried Eggs	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Scrambled Eggs	Selection of Pastries, Sliced Meats & Cheeses & Boiled Eggs	Chorizo Baked Eggs Or Baked Eggs Potato & Onion Rosti	Bagel Bar Smoked Salmon & Cream Cheese Cheese & Ham Roasted Tomato & Avocado	Choice of Cheese, Pork, Chicken or Mixed Vegetable Omelette, Hash Browns & Baked Beans	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Fried Eggs
Specials	Bacon & Egg Muffins	Sweet Belgian Waffles with Toppings	Smoked Salmon & Cream Cheese Bagels	Sliced Avocado & Poached Egg Muffin	Mushroom & Spinach Frittata	Freshly Baked Croissant Sliced Cheese Sliced Ham Sliced Turkey	Homemade American Style Pancakes with Toppings Mixed Melon Platter
Side Offers	Bread Selection with Jams & Butter Freshly Baked Pastry Selection of Cereals with Fresh Milk Fresh Whole Fruit						
Yoghurt	Fresh Natural Yoghurt Served with a Variety of Toppings						





Breakfast

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drinks	Selection of Tea, Coffee, Hot Chocolate, Hydration Station & Fresh Fruit Juice						
Hot items	Vegetarian Sausages, Mushrooms, Tomatoes, Hash Browns, Baked Beans & Fried Eggs	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Scrambled Eggs	Selection of Pastries, Sliced Meats & Cheeses & Boiled Eggs	Chorizo Baked Eggs Or Baked Eggs Potato & Onion Rosti	Bagel Bar Smoked Salmon & Cream Cheese Cheese & Ham Roasted Tomato & Avocado	Choice of Cheese, Pork, Chicken or Mixed Vegetable Omelette, Hash Browns & Baked Beans	Choice of: Eggs Benedict Eggs Royale Eggs Florentine
Specials	Bacon & Egg Muffins	Sweet Belgian Waffles with Toppings	Smoked Salmon & Cream Cheese Bagels	Sliced Avocado & Poached Egg Muffin	Mushroom & Spinach Frittata	Freshly Baked Croissant Sliced Cheese Sliced Ham Sliced Turkey	Smashed Sausage & Egg ‘McMuffin’ Mixed Berry & Banana Smoothie
Side Offers	Bread Selection with Jams & Butter Freshly Baked Pastry Selection of Cereals with Fresh Milk Fresh Whole Fruit						
Yoghurt	Fresh Natural Yoghurt Served with a Variety of Toppings						





Breakfast

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drinks	Selection of Tea, Coffee, Hot Chocolate, Hydration Station & Fresh Fruit Juice						
Hot items	Vegetarian Sausages, Mushrooms, Tomatoes, Hash Browns, Baked Beans & Fried Eggs	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Scrambled Eggs	Selection of Pastries, Sliced Meats & Cheeses & Boiled Eggs	Chorizo Baked Eggs Or Baked Eggs Potato & Onion Rosti	Bagel Bar Smoked Salmon & Cream Cheese Cheese & Ham Roasted Tomato & Avocado	Choice of Cheese, Pork, Chicken or Mixed Vegetable Omelette, Hash Browns & Baked Beans	American Farmhouse Style Skillet Farmhouse Style Vegetarian Skillet
Specials	Bacon & Egg Muffins	Homemade Sweet Belgian Waffles with Toppings	Smoked Salmon & Cream Cheese Bagels	Sliced Avocado & Poached Egg Muffin	Mushroom & Spinach Frittata	Freshly Baked Croissant Sliced Cheese Sliced Ham Sliced Turkey	Homemade American Style Pancakes with Toppings Fried Eggs Fresh Fruit Salad
Side Offers	Bread Selection with Jams & Butter Freshly Baked Pastry Selection of Cereals with Fresh Milk Fresh Whole Fruit						
Yoghurt	Fresh Natural Yoghurt Served with a Variety of Toppings						





Lunch

Week One	Saturday
Main Stop	<div>Panini Bar</div> <div>Ham & Cheese Tuna Mayo Mozzarella, Pesto & Tomato Sweet Chilli Chicken Mayo</div>
On the side	<div>Mixed Leaf Salad, Cajun & Chilli Roasted Sweet Potato & Coleslaw</div>
Dessert	<div>Sliced Fruit Platter</div>





Lunch

Week Two	Saturday
Main Stop	Homemade Breaded Fishcakes Served with Homemade Tomato Salsa
Veggie Stop	Vegetarian Burger Served with Homemade Tomato Salsa
On the side	Jacket Wedges, Roasted Courgette & Corn Cobs
Dessert	Fresh Fruit Salad





Lunch

Week Three	Saturday
Main Stop	Chicken & Chorizo Jambalaya
Veggie Stop	Mixed Vegetable & Chickpea Jambalaya
On the side	Mixed Salad Bar
Dessert	Sliced Fruit Platter





Supper

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Simple But Tasty Main	American Style Hot Dogs	Chicken Enchiladas	Fresh Salmon Fillets with a Dill & Cream Sauce	Teriyaki Chicken	Tomato & Thyme Cod	Lamb Pilaf Rice	Catch of the Day
Meat Free	Vegan Hot Dogs	Mushroom Enchiladas	Butternut Squash Risotto	Teriyaki Tofu	Tomato & Thyme Halloumi	Spiced Vegetable Pilaf Rice	Aubergine Parmegiana
On the side	Selection of Toppings, Sauces & Sweet Potato Wedges	Cajun Style Rice & Corn Cobs	Mash Potato, Leeks & Peas	Egg Noodles, Pak Choi & Edamame Beans	Fresh Herb Roasted New Potatoes, Garlic Butter Kale & Corn Cobs	Spiced Courgette, Roasted Chickpeas & Naan Bread	Sautéed Potatoes, Green Beans & Roasted Cherry Tomatoes
Chef's Special		Chilli Tortilla Chips, Sour Cream, Homemade Tomato Salsa & Guacamole		Sticky Soy Mushrooms		Soup Of The Day With Homemade Bread	
Dessert	Plum Crumble Served with Custard	Churros Dusted with Cinnamon Sugar & Warm Chocolate Sauce	Homemade Cheesecake	Mango Pudding	Homemade Hot Chocolate	Lemon Sponge Served with Cream	White Chocolate Blondie
Salads	A Daily Selection of Freshly Made Salads						
Selection of Fresh Cut & Whole Fruits							



Supper

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Simple But Tasty Main	Pulled Beef Tacos	Gammon Steaks	Cajun Chicken Mac ‘N’ Cheese	Calzone Evening	Kebab Night Herb Roasted Chicken or Herb Halloumi Served on Flat Bread with Crispy Lettuce, Tomato, Cucumber, Pickled Cabbage, Cajun Fries, Roasted Courgette & Peppers	Beef Chilli Loaded Fries	Breaded Chicken
Meat Free	Pulled Oyster Mushroom & Black Bean Tacos	Glamorgan Sausage	Southern Fried Quorn Mac ‘N’ Cheese	Calzones Pizzas with a Variety of Different Fillings		Vegan Chilli Loaded Fries	Marinated Tofu
On the side	Spicy Mixed Pepper Rice, Cajun Corn Cobs & Refried Beans	Fried Eggs, Chips, Peas & Pineapple Slices	Steamed Broccoli & Sweetcorn	Served with Lightly Salted Fries		Sour Cream, Guacamole & Fresh Corn Salsa	Ramen Noodles, Chicken Or Vegetable Broth, Bok Choi, Chinese Leaf
Chef’s Special	Tomato & Coriander Salad & Chilli Guacamole						
Dessert	Chocolate Cake	Mixed Berry & Oat Crumble with Cream	Pancakes with a Selection of Toppings	Sweet & Salty Popcorn Bags	Apple Strudel with Whipped Cream	Tiramisu	Chocolate Log
Salads	A Daily Selection of Freshly Made Salads						
	Selection of Fresh Cut & Whole Fruits						

Supper

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Simple But Tasty Main	Slow Cooked Beef Ragu Pasta	Breaded Chicken Katsu Curry	Lamb Kofta	Chicken Burger in an American Style Bun	Breaded White Fish with Lemon Wedges	Tuna Pasta Bake	Roast Pork
Meat Free	Courgette & Lentil Ragu	Bread Quorn Katsu	Homemade Falafels	Vegan Chicken Style Served with an American Style Bun	Quorn 'Fishless' Fingers	Mushroom Pasta Bake	Butternut & Sweet Potato Wellington
On the side	Homemade Garlic Focaccia & Sweetcorn	Sticky Rice, White Cabbage, Broccoli & Japanese Slaw	Mediterranean Couscous, Roasted Butternut Squash & Greek Salad	Lightly Salted Sweet Potato Wedges, Street Corn & Coleslaw	Chips, Garden Peas, Baked Beans, Homemade Curry Sauce, Bread & Butter	Fresh Garlic Focaccia, Steamed Broccoli & Fresh Garden Salad	Roast Potatoes, Roast Carrots, Broccoli, Cauliflower Cheese & Stuffing Balls
Chef's Special			Flatbread With a Selection of Dips	Sweetcorn Fritters			
Dessert	Rocky Road	Natural Yogurt with Granola & Mixed Berry Pots	Watermelon in Honey Syrup with Cinnamon Yoghurt	Mixed Fruit Sponge	Warm Chocolate Cake Served with Fresh Cream	Milkshakes	Mixed Berry Cheesecake