

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN BOWLS	Beef Bolognese Or Lentil Bolognese with Pesto Pasta, Lemony Courgette Jacket Potato, Grated Cheese & Baked Beans	Seeded Chorizo Sausage Roll Or Vegan Sausage Roll with Rosemary Salted Fries, Homemade Texas Baked Beans Wholemeal Pasta with Beef Or Red Pepper Ragu	Tofu & Roasted Teriyaki Vegetables With Sesame Noodles Jacket Potato with Topping of the Day	Honey Roast Chicken Or Aubergine with Satay Style Sauce & Green Bean Loaded Rice Wholemeal Penne Served with a Fresh Tomato & Basil Sauce	Breaded Catch of the Day Or Quorn Vegan Fishless Fingers Chunky Chips & Homemade Mushy Peas Wholemeal Penne Served with a Fresh Basil Pesto
SIDE SALAD	Tomato, Basil, Rocket, Cucumber & Mixed Leaf	House Salad	Shredded Cabbage, Grated Carrot & Edamame	Asian Salad, Shredded Cabbage	Tartar Sauce, Pickled Onions, Lemons & Mixed Leaf
SALAD BOWL	Honey Roast Beetroot Quinoa with Edamame	Pomegranate Tabbouleh	Super Seeded Pasta Salad	Chickpea, Aubergine & Feta on Chunky Gem Lettuce	Halloumi Caesar with Egg and Croutons
DESSERT	Lemon Drizzle Sponge	Apple Pie Served with Custard	Chocolate Cookies	Blueberry & Crème Fraiche Cake	Chocolate Sponge with Cream



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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MAIN BOWLS	Chicken Madras Curry Or Spinach & Chickpea Curry with Golden Vegetable Rice Wholemeal Penne Served with a Fresh Tomato & Basil Sauce	Loaded Hot Dogs with Cajun Fries & Homemade Baked Beans  Spaghetti Carbonara	Classic Macaroni Cheese with Herby Crumble Or Butternut Squash & Spinach Pasta with Roasted Broccoli & Seeds Jacket Potato with Beans & Cheese Or Topping of the Day	Sausage Cassoulet Or Quorn Hotpot Rosemary & Thyme Roasted New Potatoes & Peppered Green Beans Wholemeal Penne Served with a Fresh Basil and Pea Pesto	Buffalo Chicken Burger Or Falafel Burger on Brioche Style Bun with Lettuce & Chunky Chips Jacket Potato with Tuna, Cheese & Spring Onion
	SIDE SALAD	Curried Sweetcorn, Cucumber, Mint Riata, Tomato & Coriander	Tomato & Basil Salad, Beetroot, Rocket & Red Onion	Sweetcorn Salsa, Semi Dried Tomato, Grated Carrot & Seeds	Tomato & Basil Salad, Beetroot, Rocket & Red Onion	Sweetcorn Coleslaw, Mixed Leaf Salad, Tomato & Cucumber
	SALAD BOWL	Tomato & Mozzarella Pasta Salad	Asparagus & Parmesan with Chunky Gem Lettuce	Greek Salad	Couscous with Herby Roasted Veg & Seeds	Noodle Buddha Bowl
9 9	DESSERT	Citrus Sponge	Rice Pudding Served with Mixed Berry Compote	Creamy Basque Cheesecake	Chocolate Muffins	Pineapple Upside Down Cake Served with Cream



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MAIN BOWLS	Chicken Puttanesca Or Red Pepper Arrabbiata with Pasta with Rosemary Focaccia & Chunky Pesto	Spinach, Cauliflower & Aubergine Curry with Roasted Chickpea & Coriander, Steamed Rice & Cumin Green Beans	BBQ Chicken Pizza, Pepperoni Pizza Or Margarita Pizza, Sweet Potato Wedges & Buttered Corn Cob	Cumberland Sausages Or Best of British Vegan Sausages with Gravy, Thyme Mash & Steamed Greens	Cheeseburger Or Vegan Burger with Tomato Salsa & Lettuce Chunky Chips & Garlic Mayo
		Jacket Potato, Grated Cheese & Baked Beans	 Wholemeal Pasta with Tomato Sauce	Jacket Potato with Baked Beans Or Topping of the Day	Wholemeal Penne Served with a Fresh Tomato & Basil Sauce	Wholemeal Penne Served with a Fresh Basil Pesto
	SIDE SALAD	Tomato & Basil, Rocket, Cucumber & Mixed Leaf	Cucumber, Tomato & Coriander, Riata, Cumin & Grated Carrot	House Salad	Tomato, Beetroot & Broccoli Salad	Tomato, Cucumber, House Salad & Spicy Jalapeno Corn
	SALAD BOWL	Beetroot, Spinach, Potato & Crème Fraiche Salad	Roasted Squash Caesar with Egg & Croutons	Gyoza Noodle Salad	Greek Salad	Honey Roast Carrot & Parsnip Tabbouleh
	DESSERT	Chocolate Brownie	Retro School Sponge	Apple & Cinnamon Crumble with Custard	Vanilla Sponge	Raspberry & Yoghurt Sponge with Cream