

# Junior School Lunch Menu

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Mac & Cheese Or Spanish Potato Tortilla	Chicken Schnitzel Or Aubergine Schnitzel 	Roast Pork or Stuffed Mint Aubergine	Pizza Margherita or Peperoni	Fish Fingers or Battered Halloumi
Sides	Roasted Vegetables Crispy Cabbage Olive Focaccia & Basil Pesto	Mash Potatoes Green Beans Carrots Garlic Mayo	Yorkshire Pudding Roasted Potatoes Cauliflower Garden Peas & Gravy	Potato Wedges Sweetcorn Broccoli Rocket & Olives	Tartar Sauce Tomato Ketchup French Fries Sweet Corn Garden Peas
Pasta & Jacket	Baked Beans Grated Cheese	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Desserts	Vanilla & Poppy Seed Sponge with Strawberry Sauce	Vegan Coconut Rice Pudding & Mango Coulis	Rhubarb & Apple Crumble with Vanilla Custard	Apricot Upside-Down Cake & Chantilly Cream	Cornflake Crispy Chocolate Cake
Soup of the Day	Soup of the Day with Crispy Onions,Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions,Croutons , Seeds mix, Bread	Soup of the Day with Crispy Onions,Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread



# Junior School Lunch Menu

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Course</b>	Jacket Potato Day	Chicken Goulash or Mushroom Goulash 	BBQ Pulled Pork or BBQ Pulled Jackfruit	Beef Lasagne or Vegetarian Lasagne 	Brunch Sausages, Bacon Scrambled Eggs
<b>Sides</b>	Mushroom Sauce Chickpeas & Spinach Curry Green Beans Cauliflower 	Rice Broccoli Carrots Sour Cream	New Potatoes Salad Sweet corn Pickle Slaw White corn Tortilla	Garlic Bread Carrots Garden Peas	Bubble & Squeak Hash Browns Roasted tomatoes Mushrooms
<b>Pasta &amp; Jacket</b>	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese	Baked Beans Grated Cheese
<b>Desserts</b>	Lattice Pear Pie & Chocolate Sauce	Date & Banana Bread with Cream	Lemon & Lavender Sponge Cake	Bread & Butter Pudding with Vanilla Custard	Chocolate Brownie
<b>Soup of the Day</b>	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread





# Junior School Lunch Menu

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Course</b>	<b>Samosa Style Crispy Pie or Lentil Dhal Curry</b> 	<b>Meat Balls or Veggie Balls in rich Tomato Sauce</b> 	<b>Roast Turkey or Roast Aubergine</b>	<b>Chili con Carne Or Sweet Potato &amp; Beans Chili</b>  	<b>Fish Fingers or Grilled Halloumi Stack</b> 
<b>Sides</b>	<b>Pilau Rice Cauliflower Green Beans Raita</b> 	<b>Spaghetti Garden Peas Celeriac Rosemary Focaccia</b>	<b>Roasted Potatoes Curly Kale, Carrots Yorkshire Puddings Gravy</b>	<b>White corn Tortilla Braised Rice Green Beans Corn cob Tomato Salsa Guacamole</b> 	<b>Tartar Sauce Tomato Ketchup French Fries Sweet Corn Garden Peas</b>
<b>Pasta &amp; Jacket</b>	<b>Baked Beans Grated Cheese Tomato Sauce</b>	<b>Baked Beans Grated Cheese Tomato Sauce</b>	<b>Baked Beans Grated Cheese Tomato Sauce</b>	<b>Baked Beans Grated Cheese Tomato Sauce</b>	<b>Baked Beans Grated Cheese</b>
<b>Desserts</b>	<b>Cocoa &amp; Orange Drizzle Sponge</b>	<b>Dorset Apple Cake with Vanilla Custard</b>	<b>Superseed Flapjack</b>	<b>Chocolate Chips &amp; Pear Sponge with Vanilla Cream</b>	<b>Boost Carrot Cake with Chocolate &amp; Sweet potato Icing</b>
<b>Soup of the Day</b>	<b>Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread</b>	<b>Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread</b>	<b>Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread</b>	<b>Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread</b>	<b>Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread</b>

