FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish.

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime Main Meal	Creamy Chicken & Mushroom Pie with a Puff Pastry Crust	Classic Macaroni Cheese with a Fresh Basil Pesto or Caramelised Red Onions	Beef Chilli with Mixed Beans	Slow Roasted Boneless Turkey Breast	Breaded Catch of the Day Served with Lemon Wedges & Homemade Tartare Sauce
Lunchtime Main Meal	Mixed Vegetable & Chickpea Casserole	Baked Gnocchi with a Tomato, Red Lentil & Mixed Pepper Sauce	Mixed Bean & Chunky Vegetables in a Fresh Tomato Sauce	Roasted Mixed Pepper Frittata	Southern Style Breaded Quorn Burgers Served with a Fresh Tomato Salsa
On the Side	Mash Potato, Steamed Cauliflower, Sweetcorn & Gravy	Steamed Broccoli, Honey Roasted Carrots, Homemade Garlic & Rosemary Focaccia	Mixed Pepper Rice, Green Beans & Garden Peas	Roast Potatoes, Steamed Broccoli & Carrots Served with Gravy	Chunky Chips, Garden Peas & Sweetcorn
Pasta-Jacket Bar	Wholemeal Penne Pasta with Fresh Tomato & Basil Sauce Jacket Potatoes, Baked Beans & Grated Cheese	Roasted Sweet Potato, Jacket Potato, Baked Beans & Grated Cheese	Tricolour Pasta with a Cream Cheese Sauce Jacket Potato, Baked Beans & Grated Cheese	Wholemeal Fusilli Pasta Served with a Spinach & Tomato Sauce Jacket Potato, Baked Beans & Grated Cheese	Roasted Sweet Potato, Jacket Potato, Baked Beans & Grated Cheese
Cold Dessert	**Every day will be…** Jelly, Fruit, Yoghurt & Fresh Dessert Pots				
Hot Dessert	Coconut & Vanilla Infused Rice Pudding	Apple & Cinnamon Crumble with Custard	Treacle Sponge with Fresh Cream	Bread & Butter Pudding Served with Vanilla Custard	Lemon Drizzle Sponge

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Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime Main Meal	Beef & Red Lentil Bolognese with Wholemeal Penne Pasta	Lightly Spiced Chicken & Split Pea Curry	Quorn, Cauliflower & Pearl Barley Lasagne	Garlic & Thyme Roasted Chicken Thighs	Oven Baked Fresh Salmon Fillets Or Breaded Catch of the Day
Lunchtime Main Meal	Cauliflower & Red Lentil Bolognese with Wholemeal Penne Pasta	Chunky Sweet & Sour Quorn Pieces with Mixed Vegetables	Tomato & Mozzarella Topped Pitta Pizzas Or Mixed Pepper & Onion Topped Pitta Pizzas	Roasted Butternut Squash & Spinach Puff Pastry Rolls	Mushroom & Thyme Risotto
On the Side	Sweetcorn, Roasted Courgette & Homemade Garlic & Rosemary Focaccia Pieces	Steamed Rice, Cauliflower & Broccoli	Garden Peas & Thyme Roasted Carrots	Medley of Roasted Sweet Potato, Carrots, Parsnips, Steamed Broccoli & Gravy	Creamy Mash Potato, Steamed Garden Peas & Green Beans
Pasta-Jacket Bar	Roasted Sweet Potato, Jacket Potato, Baked Beans & Grated Cheese	Wholemeal Penne Pasta with a Fresh Tomato & Basil Sauce Jacket Potato, Baked Beans & Grated Cheese	Roasted Sweet Potato, Jacket Potato, Baked Beans & Grated Cheese	Wholemeal Fusilli Pasta Served with a Spinach & Tomato Sauce Jacket Potato, Baked Beans & Grated Cheese	Tricolour Pasta with a Cream Cheese Sauce Jacket Potato, Baked Beans & Grated Cheese
Cold Dessert	**Every day will be…** Jelly, Fruit, Yoghurt & Fresh Dessert Pots				
Hot Dessert	Sticky Toffee Pudding with Custard	Carrot Cake	Vanilla Sponge Served with a Toffee Sauce	Chocolate Rice Pudding Served with Sliced Bananas	Warm Chocolate Chip Cookies

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Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime Main Meal	Cauliflower & Red Lentil Bolognese with Wholemeal Fusilli Pasta	Diced Sweet & Sour Chicken	Slow Roasted Pork Served with Homemade Chunky Apple Sauce	Chicken & Fresh Tomato Wholemeal Pasta Bake Topped with Mozzarella	Breaded Catch of the Day Served with Lemon Wedges & Homemade Tartare Sauce
Lunchtime Main Meal	Chunky Mixed Vegetable & Chickpea Jambalaya	Lightly Spiced Sweet Potato, Butternut Squash & Split Pea Curry	Root Vegetable Pie with Puff Pastry Top	Fresh Tomato Wholemeal Pasta Bake Topped with Dairy-Free Cheese	Teriyaki Tofu & Mixed Vegetable Stir fry
On the Side	Steamed Green Beans & Sweetcorn	Long Grain Rice Steamed Carrots & Peas	Roast Potatoes, Cauliflower, Green Beans & Gravy	Steamed Broccoli, Roasted Carrots & Homemade Garlic & Rosemary Focaccia Pieces	Chunky Oven Baked Wedges, Peas & Sweetcorn
Pasta-Jacket Bar	Roasted Sweet Potato, Jacket Potato, Baked Beans & Grated Cheese	Wholemeal Penne Pasta with a Fresh Tomato & Basil Sauce Jacket Potato, Baked Beans & Grated Cheese	Tricolour Pasta with a Cream Cheese Sauce Jacket Potato, Baked Beans & Grated Cheese	Roasted Sweet Potato, Jacket Potato, Baked Beans & Grated Cheese	Wholemeal Fusilli Pasta Served with a Spinach & Tomato Sauce Jacket Potato, Baked Beans & Grated Cheese
Cold Dessert	**Every day will be…** Jelly, Fruit, Yoghurt & Fresh Dessert Pots				
Hot Dessert	Apple Puff Pie Served with Vanilla Cream	Mixed Fruit Jam Sponge Served with Custard	Hot Chocolate Sponge with Fresh Cream	Vanilla Infused Rice Pudding with Strawberry Jam	Pineapple Upside Down Cake