




Monday

Meat free Monday

Sussex pudding
with
cream

 Fresh cut fruit
Fresh made yogurt



Tuesday

Beef stir fry




Or


Vegetable samosas



White rice

Fine beans

 Frozen strawberry
mousse

 Fresh cut fruit
Fresh made yogurt



Wednesday


Roast turkey with
cranberry sauce


Or

Roasted stuffed peppers

Roast potatoes

Broccoli florets

 Jam and coconut sponge
with custard

 Fresh cut fruit
Fresh made yogurt



Thursday

Chicken and leek
pie





Or

Roasted cauliflower
steak gratin



New potatoes

 Fruit crispy bar

 Fresh cut fruit
Fresh made yogurt



Friday

Battered cod goujons
and lemon





Or

Mediterranean
slice



Chips
Peas

 Baked Alaska

 Fresh cut fruit
Fresh made yogurt

