



Lunch week 3



Monday

Pork sausage



Vegetable sausage



Served with fried leeks & onions

Yorkshire pudding



Gravy

Mashed potato

Garden peas

Spiced red cabbage

Pasta bar

Orange polenta cake with an orange gel



Fresh cut fruit

Fresh made yogurt



Tuesday

Lamb keema curry with potato & green peppers



Sweet potato & yellow pepper korma



Basmati rice

Carrot

Cauliflower sag aloo

Jacket bar

Coconut rice pudding
With mango



Fresh cut fruit

Fresh made yogurt



Wednesday

Warm lemon peppered Chicken
Caesar salad



Breaded Quorn fillet
Caesar salad



Herb roasted new potatoes



Broccoli slaw

Orange Zest corn on the cob

Pasta bar



Maple & apple flapjack



Fresh cut fruit

Fresh made yogurt



Thursday

Smoky bacon & mushroom
carbonara



Mushroom, chive & ricotta
lasagne



Garlic focaccia



Sweet corn
Green beans

Jacket bar

Peach cobbler with vanilla cream



Fresh cut fruit

Fresh made yogurt



Friday

Beer Battered fish fillets
With homemade tartar sauce



Spring roll with sweet chilli
sauce with mixed cabbage



Chips

Baked beans
Peas

Pasta bar
Bolognese
Tomato sauce



Frozen smoothies

Fresh cut fruit
Fresh made yogurt

