

## Toilet training procedures

The purpose of this policy is to give parents and carers information about our approach and procedures with regards to the toilet training of their child. This policy applies to all toddlers attending the Stephen Perse Foundation Nurseries.

### Principles

At the Stephen Perse we believe that consistency and routine is vital when supporting a toddler in learning to use the toilet. We aim to work in close partnership with parents and carers and treat each toddler as an individual allowing them to develop the skills and understanding in an appropriate way for them. We use guidance and resources from ERIC the children's bowel and bladder charity.

### Procedures

When your toddler is 18 months you will be invited to have a meeting with your toddler's key worker to discuss

- the signs that your toddler will display when they are ready to begin toilet training
- strategies and activities to support your toddler's readiness for toilet training
- a toilet training routine that will be sustainable both at home and in the nursery

Following this meeting the parent/carer and key workers will be in regular communication about the toddler's readiness for toilet training and together will decide when to start.

Once your toddler has begun toilet training the pace at which it progresses will be led by the them. The key worker will update the parent /carers on a daily basis as to the toddler's development in nursery and we expect parents to communicate how the training is developing at home.

It may be necessary to have further meetings once toilet training has been established to ensure the routines and strategies being used are fully supporting the toddler .

If the key person or parent carer had concerns with regards to the progress of their toddler's toilet training with the parent/ carers agreement we would contact other agencies for further support and advice.

### Typical toilet training routine

This is a general outline of a routine, all key persons will adapt this according to the needs of the toddlers in their care

### Step 1- becoming familiar with the toilet

The toddler's will be encouraged to go to the toilet area for a short time at regular intervals during the day.

### Step 2- sitting on the toilet

The toddler will practice taking down their clothes and sitting on the toilet/ potty at regular intervals during the day

### Step 3- using the toilet

The toddler will be encouraged to sit on the toilet for an appropriate length of time at times of the day when they are more likely to need to use the toilet.

It is usually at this stage that we would encourage the toddler to wear pants.

Throughout these different steps the toddlers' will be praised for taking part and the key workers will provide an encouraging and positive atmosphere.

This link gives further information on toilet training routines

<https://www.eric.org.uk/Handlers/Download.ashx?IDMF=cad20060-c174-4566-afcd-25f0087614a4>

This should be read in conjunction with

Intimate care policy

Physical intervention policy