

Personal, Social, Health and Economic Education Policy The Stephen Perse Foundation Senior School

Guiding Principles

Personal, Social and Health Education helps pupils to develop as confident, healthy and responsible individuals and members of society. Through our PSHEE programme we aim to help them to:

- develop their ability to make informed and reasoned decisions
- reflect on the spiritual, moral, social and cultural issues they face as they approach adulthood
- reflect on their experiences and how they are developing
- understand and manage responsibly a wider range of relationships as they mature
- respect the diversity of, and differences between, people
- live healthily
- develop their well-being and self-esteem, encouraging belief in their own ability to succeed
- build pupils' resilience to radicalisation by promoting fundamental British values and enabling them to challenge extremist views
- take responsibility for their learning and future choices

The aims and objectives of our Personal, Social and Health Education programme are in line with those in the National Curriculum non-statutory guidelines for PSHEE. We use the Cambridgeshire Personal Development Project Framework (where applicable) as a basis, adapted and augmented as appropriate for the needs of our pupils. It includes Sex and Relationships Education, Citizenship and Careers and Guidance.

The programme, including fundamental British values, is delivered in a variety of ways including assemblies, visiting speakers, presentations, off-timetable curriculum time and registration time. This gives students access to both school staff and specialists in some topic areas.

Sex and Relationships Education

Our Sex and Relationships Education programme follows DfE guidance in this area. Age-appropriate effective Sex and Relationships Education is essential if young people are to make responsible decisions about their lives. Our aim is to teach pupils how to make discriminating and well-informed decisions whilst supporting them in their physical, emotional and moral development. We aim to help them to develop respect, both for themselves and for others, and to move with confidence through childhood and adolescence into adulthood.

Citizenship

Pupils will become adults in a globalised and inter-connected society. We encourage them to look forward to an informed and active life as both national and international citizens. They examine legal and political status (since being a 'citizen' entails rights and responsibilities defined and upheld by law) as well as involvement in public life and affairs – being an 'active citizen' will create a sense of community by encouraging participation in voting, decision-making and maintaining standards of moral and social behaviour. Opportunities to engage in 'service learning' (learning through helping others) at various points in their school careers enable pupils to experience taking on the role of 'active citizens' from an early age. Aspects of Citizenship are, and should continue to be, scrutinised and critically analysed, a skill which is key to pupils' intellectual development as well as helping to create thoughtful and responsible citizens.

Careers and Guidance

Work-related learning makes a major contribution to preparing young people for the opportunities, challenges, responsibilities and experiences of life. Through the curriculum our students learn how to understand financial management and have the ability to explore the financial decisions that they will need to make in the future. We provide pupils with the knowledge and skills to make informed choices through both the PSHEE and Inspire and Guide courses. Guidance also encompasses developing their self-awareness, so that they understand themselves and the influences on them and thus are able to make appropriate decisions and manage transitions effectively.

Building Resilience

Resilience is the capacity of people to confront and cope with life's challenges and to maintain their well-being in the face of adversity. We help our students to have a positive image of the future, set solid goals, be empathetic and compassionate towards others, and never to see themselves as victims. We help our students develop their resilience to radicalisation by providing a safe space in which students and staff can understand the risks associated with terrorism and develop the knowledge and skills to be able to challenge extremist arguments. The Prevent duty is appropriately and proportionately woven into the PSHEE Curriculum. The PSHEE Curriculum includes generally applicable skills such as Internet safety; building character traits such as resilience, determination, self-esteem and confidence; and the promotion of fundamental British values.

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